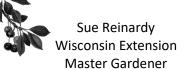
# **Gardening with Shrubs**



- 1. Agenda: Definitions & Tibits, What Shrubs Can Do, Native & Natural, The Matrix Layer groundcovers, The Structure Layer, The Vignettes Layer, Pruning & Feeding, Resources
- 2. Inspiration: Minnesota Landscape Arboretum, Olbrich Gardens- Madison, Private Gardens, Missouri Botanical Gardens, Spooner Research Station, Teaching & Display Garden
- 3. Definitions & Tibits, Types: Deciduous, Evergreen, Flowering; Shrubs include any woody plant that does not die down to ground level in winter; A shrub usually has more than one stem originating at or close to ground level; Roses were the first shrubs grown and purchased a century ago; Shrubs & trees are at a disadvantage to perennials in the nursery trade because they take longer to develop and introduce new varieties; The range of offerings had been restricted until the introduction of container-grown hardy plants (before that only bare-root)
- 4. Benefits: Shrubs are found worldwide and play a crucial role in soil stabilization, supporting insects, storing carbon, among other benefits; Add permanence, structure, and presence throughout four seasons; Can be pruned to control size & shape; Once established low maintenance
- 5. Why choose a shrub vs. perennial? Can be used in a variety of ways: backdrop, ground cover, hedge, focal point; Shrubs help support perennials that may flop if not staked; Can serve as a framework for restrained vines, stick to vines that can be cut to the ground for easy clean-up; Provide year-round presence, permanence
- 6. Native and Natural: Goal build gardens from native plant foundations and with ample floral diversity, even if some of that diversity isn't native. Rely on native trees and shrubs, they make positive, long-term contributions to the ecology of place. Some cultivars outperform natives; Features in your garden that add richness of life are often overlooked such as a dead stump or small basin for water; Plant for attractive flowers, handsome fall colors, abundant fruits for birds
- 7. Herbivory: Plants that are eaten by pollinators, wildlife; If nothing is eating your plants, what life is your garden really supporting? Research shows that less than 20% is eaten in the growing season

## Native Flowering Shrubs

- 8. Flowering Basics: Most flowering shrubs need at least 4 hours of sun without it most new wood will fail to ripen enough to produce flower buds the next season; Shrubs that flower on wood produced the same season will do well in semi-shade (example: Hydrangea, Potentilla); Think of shrubs in groups ex. Lilacs bloom for about 2 weeks, combine with a Shrub Rose, Elderberry, Dogwood, or small tree such a crabapple to extend season
- 9. Downy Serviceberry, Amelanchier arborea: Grows 15-25 feet tall, White blooms late spring/early summer, Sun: Full sun to part shade, Can be grown in most soils with medium moisture conditions
- 10. American Bladderwort, Staphylea trifolia: Fast-growing, suckering; Moist soils; Dense colonies; 10-15 feet; Blue Blooms late spring/early summer; Part Shade to Shade
- 11. Kalm St. John's Wort, Hypericum kalmianum: Grows 2-3 feet tall; small, dense, evergreen shrub or subshrub; Pink/purple blooms late summer/early fall; Sun: Full sun to part shade; Grows in Loam to Sandy soil in Medium to moist conditions
- 12. New Jersey Tea (Ceanothus americanus): Grows 2-3 feet tall; White blooms late spring/early summer; Sun: Full to sun; Grows in Loam to Sandy soil in dry-medium conditions
- 13. Northern Bush Honeysuckle (Diervilla lonicera): Grows 1-3 feet tall; Orange, yellow or gold blooms in summer; Sun: Full to part sun; Grows in Loam to Sandy soil in dry-medium conditions
- 14. Native Roses: \*Carolina Rose (Rosa Carolina)-1-3 feet, full sun; \*Meadow Rose (Rosa Blanda)-3-5 feet, full to part sun, almost thornless; \*Virginia Rose (Rosa virginiana)- 5-8 feet, full sun, is easy to transplant, and prefers well-drained acidic soils but is adaptable. It is also salt tolerant.

## 15. Native Conifers

Juniper: Prefers neutral to slightly acidic well-drained soil in full sun; tolerates drought and wind Balsam fir: Best in cool, damp places in partial shade to sun, keep away from hot, drying winds Spruce: Best in well-drained, slightly acidic soils in full sun, keep away from winter winds & road salt Pine: Best in fertile, acidic, well-drained soils in full sun. Does not need protection from winds but keep away from road salt

White cedar-arborvitae: Moisture retentive soil in full sun or part shade, keep away from dry, windswept locations

- 16. Conifers Miniature vs. Dwarf: Miniature: grow less than 1 inch per year; Dwarf: grow 1-6 inches per year; Can be grown in pots, need winter protection, the dwarfs last longest in pots
- 17. Native Landscape Shrubs: Amelanchier species (serviceberries), Ilex verticillata (winterberry), Physocarpus opulifolius cultivars (ninebark), Potentilla fruticosa cultivars (shrubby cinquefoil), Prunus nigra 'Princess Kay' (Canada plum), Viburnum species (viburnums)

- 18. The Matrix Layer (Groundcovers) Green mulch, Consider first, plant last, Up to 75% in the wild, try for 50% in a home garden
- 19. Cotoneaster adpressus 'Tom Thumb' or 'Little Gem', Full sun to part shade, Best grown in moist, loamy, well-drained soils, Good drainage is important, this is a tough and adaptable plant that can withstand poor soils
- 20. Potentilla fruticose: Full sun to part shade; Blooms May through September; Easily grown in average, medium moisture, well-drained soils; Prefers evenly moist soils; Best flowering occurs in full sun, but plants tolerate part shade; Prune as needed
- 21. Spirea japonica: Full sun, tolerates light shade; Non-native, Blooms May to August; Easily grown in average, medium moisture, well-drained soils, tolerates a wide range of soils. Prefers rich, moist loams; Remove faded flower clusters as practicable (light shearing is an option) to encourage additional bloom; Flowers on new wood, so prune in late winter to early spring if needed.
- 22. Pinus sylvestris 'Hillside Creeper'; Common name: Scotch Pine; Grows in full sun, likes acidic soil; 'Hillside Creeper' grows 12"+ per year, prostrate, spreading cultivar. Over the first 8-10 years, it typically grows 2' tall but spreads to 8' wide. Growth rate slows considerably as plant ages.
- 23. Juniperus horizontalis: Woody-creeping juniper; Full sun, prefers dry sandy soil, intolerant of wet soils; Spread 6-18" tall, 3-8 feet side; Native to North American; Foliage is typically green to bluegreen during the growing season, but often acquires purple tones in winter
- 24. Microbiota decussata 'Celtic Pride': Common name: Siberian Cypress; Fern-like foliage, disease resistant; Full to part sun; Easily grown in average, moist but well-drained soils; Best performance is in cool summer climates
- 25. Rain Garden Shrubs: Arrowwood Viburnum dentatum, Elderberry Sambucus canadensis or Sambuscus racemose, Meadowsweet Spiraea alba, Ninebark Physocarpus opulifolius, Rosebay Rhododendron Rhododendron maximum, Silky Dogwood Cornus amomum (and other dogwoods as well), Spicebush Lindera benzoin, Hydrangea Hydrangea arborescens
- 26. The Structure Layer: Gives the garden its form; Trees, shrubs, coarse herbaceous plants; Target 5-10% of total planting; Most return on investment with 3-4 seasons of interest and longevity; Look beyond showy flowers and consider what else a plant offers for the most horticultural mileage
- 27. Shrubs-Sun to Part Shade: Arborvitae, Chokeberry, Dogwood, Forsythia\*, Hydrangea, Juniper\*, Lilac\*, Pine\*, Ninebark, Picea abies (Spruce)\*, Potentilla\*, Rhododendron, Siberian Cypress\*, Spirea\*, Viburnum, Weigela\*, Witch Hazel\* (\*Plants not favored by Deer)
- 28. Shrubs: Part to full shade: Summersweet, Dogwoods, Diervillia\* (honeysuckle), smooth hydrangea, Rhododendron, Arrowwood vibernum, Russian cypress\*, Yew (\*Plants not favored by Deer)

- 29. A Few Tips: Brightly colored, variegated foliage, neat & manicured may not fit in; Good transitional shrubs: Viburnum, Elderberry, Dogwood they have light, informal habit that doesn't look out of place; Try big, bold shrubs grouped with trees; Go for borders larger than 6 feet (not many shrubs have an ultimate height/spread <3 ft.); Avoid straight lines
- 30. Shrub Growth Patterns: Most shrubs/trees continue to grow, even dwarf- just at a slower pace; Shrubs can be short-lived even more so in cold, wet areas (ex. Barberry life 5-15 years vs. Serviceberry life of 20-50 years); Hardiness of plants is not an exact science
- 31. Summersweet: Clethra alnifolia- Upright, multi-stemmed, spreads slowly by suckers (can dig and replant), will get large by spreading; Blooms on new wood, clusters of white to pink flowers over a 3 weeks in summer, fragrant, late to leaf out in spring; 3-4' tall and wide, prefers partial shade, tolerates sun if consistently moist, tolerates salt, prefers fertile acidic soils, it will die out if the soil gets too dry, deer-resistant, native; Do not over-prune, remove old growth over no fewer than 3 years
- 32. Red Twig Dogwood: Cornus sericea Native, spread 5-9' spreads to 10'; Full sun to part shade; Moist to wet soil, not drought tolerant; Dull white flowers in late May, white fruit in June; Fall color, red stems year-round; Attracts butterflies, bees, birds; Deer resistant
- 33. American Cranberry Bush Viburnum Viburnum opulus var. Americanum; 8-12' tall and wide; Full sun to part shade, moist, well-drained soil; White flowers in late spring (cut flowers), bright red fruit; Good for pollinators, mammals, songbirds
- 34. Elderberry: Sambucus Native: S. canadensis, S. racemose; 5-12' tall and wider, aggressive, spreading by rhizomes; Full sun to part shade; Moist to wet soil, tolerates dry; White, fragrant, edible flowers in summer; Attractive fruit; Birds, bees, butterflies, pollinators, hummingbirds, small mammals
- 35. Sumac: Rhus Can be low-spreading shrubs, upright irregularly shaped shrubs, or trained as small trees; All spread vigorously by suckers, branch freely; Most produce either male or female flowers; Prefer full sun, tolerates part shade, do well in lean soils; Tiger Eyes® Rhus Typhina
- 36. Lilac: Syringa Full sun, wide range of soils, prefer consistent moisture; Can limit growth by pruning, but makes more sense to plant with plenty of room; Removing spent blooms may increase bloom in next season-remove immediately after bloom since next year's buds set about a month after they bloom
- 37. Juniper Juniperus Year-round interest, versatile in gardens, useful life expectancy is 15-30 years, wide variety; Prefer full sun, avoid road salt, avoid wet conditions, space for the mature plant; Upright forms have roots that dig deep into the soil, spreading types are more shallow, they do not send off suckers; Fertilize in spring with an acidic fertilizer (Miracid); Trim to shape annually, do not allow plant to grow without pruning for several years, prune new growth in early summer

- 38. Arborvitae: Thuja Very versatile in garden, life expectancy is 15-40 years, common name: white cedar, all-seasons interest; Full sun to part shade; Important shrub/tree for wildlife shelter & food (need protection from deer & rabbits); Full sun to part shade, branches may break in heavy snow, need good drainage, consistent moisture; Prune just after new growth if needed to shape
- 39. Rhododendron (Azalea) Full sun to partial shade, rich-acidic soil, well-drained; 4' wide x tall, slow growing can cut back to manage size and shape; Blooms early to mid-spring; Glossy leaves emerge as the blooms fade, fall foliage change are more pronounced in a sunny site; Usually, zone 4 or 5 but can be grown in sheltered spot in zone 3
- 40. Hydrangea In Zone 3 H. arborecens (smooth), H. paniculate (panicle), great cut/dry flowers; Vary in light needs, some better in full sun, some in part shade, adapt well to a wide range of soil, avoid dry sites; Coloration is directly related to availability of aluminum (& soil pH) for Big Leaf Hydrangea not hardy here; Space with mature size in mind, dwarf varieties are available; Fertilize once in June with 10-10-10; Deadheading is personal choice, both smooth & panicle bloom on new wood
- 41. Hydrangea paniculata 'Limelight'
- 42. The Vignettes Layer: Pretty pictures within a planting; Carry a garden throughout the season from one flowering event to another; Example: Bridalwreath Spirea to Hydrangea; Quickest way to craft visual interest is to increase the contrast
- 43. Pruning (if needed): Remember you do not need to prune! Those that flower early cut back immediately after flowering (ex. Lilacs); Summer flowering prune in early spring (ex. Hydrangea); Control shape & size, pests & disease, remove suckers, remove reversion of variegated shrubs; Stimulate vigorous growth & foliage, rejuvenate, encourage flowering (but reduces fruit production)
- 44. Pruning & Thinning: UW-Madison Division of Extension Publications

**Pruning Deciduous Shrubs**,

https://hort.extension.wisc.edu/articles/pruning-deciduous-shrubs/

**Pruning Evergreens,** 

https://hort.extension.wisc.edu/articles/pruning-evergreens/

- 45. Feeding: Most shrubs grow adequately without feeding; Regular feeding can keep them healthy when stressed or in poor soil; Soil-release fertilizer is best once shrub first begins to grow in spring along drip line; Tender new growth at the wrong time can cause damage don't fertilize after mid-summer; Once established mature shrubs should not need watering
- 46. Shrub-like Herbaceous Plant Substitutes: Peony, Paeonia; Spikenard, Aralia cordata 'Sun King'; Goatsbeard, Aruncus dioicus; Amsonia, 'Blue Star'; False Indigo, Baptisia; Daylily, Hemerocallis; Catmint, Nepeta; Russian Sage, Perovskia atriplicifolia; Rhubarb, Rheum

## **Web Links**

- For more resources and information on North Country Master Gardener Volunteers www.northcountrymgv.org
- Spooner Agriculture Research Station Teaching and Display Garden http://spooner.ars.wisc.edu/demonstration-garden/
- "Selecting Plants for Pollinators" http://www.pollinator.org/PDFs/Laurentian.rx9.pdf

# Resources

- The Creative Shrub Garden, Andy McIndoe Timber Press ©2014
- New Naturalism, Designing and Planting a Resilient, Ecologically Vibrant Home Garden, by Kelly Morris, Quarto Publishing-Cold Springs Press ©2021
- "Plants Not Favored by Deer", UW Extension Bulleting # A3727https://cdn.shopify.com/s/files/1/0145/8808/4272/files/A3727.pdf
- The Learning Store UW Division of Extension
  https://learningstore.extension.wisc.edu/collections/lawn-garden

Thank you

Sue Reinardy sreinardy@centurytel.net

www.GardenTrueNorth.com

www.NorthCountryMGV.org